

Things to bring to the camp:

Personal hygiene products (shampoo, soap, toothbrush and toothpaste) and medicine if needed

Underwear and socks

Clothes for activities outdoor and inside (even in summer it is good to have long sleeves etc)

Enough of a change of clothes

Weatherproof outdoor clothing, warm enough, preferably waterproof (wintertime also a beanie/ cap and gloves)

Swimsuit or trousers

Good pair of outdoor shoes (preferably waterproof)

Water bottle

You might also need:

Beanie, gloves, sunglasses, sunscreen

Snacks

Charger for smartphone etc

For different activities there is a need for: Wellies or rubber boots (for marine science)

Beanie, water bottle (for paddle and island tours)

You can borrow wellies/rubber boots and rain clothes from us. We also have extra clothes if needed

The Nuotta programme includes sheets and towels

In the Kiosk there is snacks and hygiene products for sale